

## Cheese and Ham Pasta

### **Ingredients**

Cheese Sauce mix  
½ pint milk  
1 onion  
1 clove of garlic  
2 Mushrooms  
150g Spaghetti  
150g ham  
Oil  
Cheese (Optional)

### **How to Cook**

Chop onions, garlic and mushrooms  
Fry for 5 mins  
set aside

Boil water,  
add pasta,  
bring to the boil,  
cover and set aside

Add cheese sauce mix  
Pour in milk gradually  
Bring to the boil  
Add onions, mushrooms and ham  
Simmer for 5 mins

Drain pasta and mix in sauce  
Serve with grated cheese (Optional)

## **Chicken and Broccoli Pasta**

### **Ingredients**

Chicken soup

¼ pint milk

1 onion

1 clove of garlic

2 Mushrooms

150g Spaghetti

Broccoli

Oil

Cheese (Optional)

### **How to Cook**

Chop onions, garlic and mushrooms

Fry for 5 mins

set aside

Boil water,

add pasta,

bring to the boil,

add broccoli

cover and set aside

Add soup and ¼ can of milk to the onions and mushrooms

Bring to the boil

Simmer for 5 mins

Drain pasta and mix in sauce

Serve with grated cheese (Optional)

## **Ham and Mushroom Risotto**

### **Ingredients**

Chicken stock cube

1 onion

1 clove of garlic

2 Mushrooms

150g Rice

Ham

Oil

### **How to Cook**

Boil ½ litre of water

Blanch broccoli for 2 mins, then remove

Add stock cube

Chop onions, garlic and mushrooms

Fry for 5 mins

Add the rice and fry for 2 mins

Add stock and bring to the boil

Add ham and

Add additional water as required

Simmer for 10 mins or until the rice is cooked.

## **Smoked Sausage Jambalaya**

### **Ingredients**

Chicken stock cube  
1 tin of tomatoes  
1 clove of garlic  
1 Pepper  
150g Rice  
Smoked Sausage  
1 tsp of chilli powder  
500ml water  
Oil

### **How to Cook**

Boil ½ litre of water  
Add stock cube

Chop pepper and garlic  
Fry for 5 mins  
Add the rice and chilli powder and fry for 2 mins  
Add stock and tomatoes and bring to the boil  
Add smoked sausage and  
Add additional water as required  
Simmer for 10 mins or until the rice is cooked.

## **Sausage and Pesto Pasta**

### **Ingredients**

Pesto

1 onion

1 clove of garlic

2 Mushrooms

150g Spaghetti

Smoked Sausage

Oil

### **How to Cook**

Boil water,

add pasta,

bring to the boil,

cover and set aside

Chop onions, garlic, mushrooms and sausage

Fry for 5 mins, mix in pesto, heat through

Set aside

Drain pasta and mix in sauce