

## KIT LIST

This list is not exhaustive but given as a guide only. If there are other items you think you need, can fit in and are prepared to carry they may be brought.

### **Clothing and Personal Gear:**

*Sleeping Bag	+Warm shirt (2)	*Towel & Tee towel
Karrimat	+Sweater (2)	*Washing kit/ toiletries
Survival bag	*Spare shoes	Torch, spare battery/ spare bulb
Waterproof coat	*Sleeping clothes	++Map
Waterproof trousers	+Trousers (2) – NOT JEANS	++Compass
Walking boots	+Socks (4pr)	++Map case
Knee height Gaiters	Money	*Plates, Mug
Woolly hat	+Underclothes (2sets)	*Knife, fork, spoon
Scarf	Handkerchiefs	Toilet paper (emergency)
Gloves	Rucksack - 65 litre size min.	Watch
Personal First Aid kit	Rucksack liner (bin bag ok)	Water bottle (1/2 litre min.)
Whistle	Spare laces	Emergency rations
Fleece jacket	Paper and pencil	Thermos flask (luxury)

### **Shared Equipment (Camping and cooking):**

Hike tent/ Bothy	Stove and fuel	Trowel
Matches	Nest of billies	

Items marked \*: May be left in the Bunkhouse during the hikes  
 Items marked +: For a hike on the moor, 1 set should be carried